

# Tsachgadzor

(Armenia)

A traditional dance. The name is a wintersport resort in Armenia, which also serves as one of the major recreation sites in summertime for many Armenians. Literal translation: "place of many flowers."

Pronunciation:

Cassette: Ararat-Armenian Dances

2/4 meter

Formation: Hands interlocked in "V" pos, facing ctr.

Meas Ct Pattern

4 meas **INTRODUCTION.** No action.

## **FIGURE 1.**

- |     |   |  |
|-----|---|--|
| 1   | 1 | Cross R with a big step across L, arms sway fwd.                                 |
|     | 2 | Rest, arms sway bkwd.  |
| 2   | 1 | Cross L with a big step across R, arms sway fwd.                                 |
|     | 2 | Rest, arms sway bkwd.  |
| 3   | 1 | Accent step on R to R, lift L fwd, bend upper body slightly bkwd, arms sway fwd. |
|     | 2 | Cross L across R, upper body comes straight, arms sway bkwd.                     |
| 4   | 1 | Jump on both ft, arms sway fwd to "W" pos.                                       |
|     | 2 | Jump on L, R slightly lifted fwd, arms sway bkwd.                                |
| 5   | 1 | Bounce on L, touch ball of R ft beside L.  |
|     | & | Bounce on L, lift R fwd.   |
|     | 2 | Step on R.   |
| 6   |   | Repeat meas 5 with opp ftwk.   |
| 7-8 |   | Repeat meas 5-6, during meas 8 the arms sway down.                               |

## **FIGURE 2.**

- |     |   |  |
|-----|---|--|
| 1   |   | Repeat Fig 1, meas 1.  |
| 2   | 1 | Leap onto L to ctr, R lifted behind, arms sway fwd to "W" pos.       |
|     | 2 | Touch R heel to floor.   |
| 3   |   | Rest.  |
| 4   | 1 | Step on R bkwd, the L ft is turned in place with the heel turned in. |
|     | 2 | Repeat ct 1 with opp ftwk.   |
| 5-8 |   | Repeat Fig 1, cts 5-8.   |

Variation on Figure 2: During meas 2, ct 2 and meas 4, ct 1, clap hands at chin level.

**SEQUENCE:** As called by the leader.

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